

**BEIJING NORMAL-HONG KONG BAPTIST  
UNIVERSITY**

**Faculty of Science and Technology**

**Minor Programme in  
Nutrition and Global Health**

**2026-2027**

---

## Contents

|                                                                     |   |
|---------------------------------------------------------------------|---|
| 1. General Information .....                                        | 3 |
| 1.1. Programme Title.....                                           | 3 |
| 1.2. Academic Unit Involved in the Delivery of the Programme .....  | 3 |
| 1.3. Programme Aims, Objectives and Intended Learning Outcomes..... | 3 |
| 1.4. Medium of Instruction .....                                    | 4 |
| 1.5. Target Students .....                                          | 4 |
| 1.6. Year of Implementation .....                                   | 4 |
| 2. Programme Requirements and Structure .....                       | 4 |
| 2.1. Programme Requirements .....                                   | 4 |
| 2.2. Programme Structure .....                                      | 4 |

## 1. General Information

### 1.1. Programme Title

Minor Programme in Nutrition and Global Health  
营养及全球健康学副修

### 1.2. Academic Unit Involved in the Delivery of the Programme

The Programme is to be offered by the Food Science and Technology Programme and administrated under the Faculty of Science and Technology.

### 1.3. Programme Aims, Objectives and Intended Learning Outcomes.

With support from the Food Science and Technology Programme, the aims and objectives of the Minor Programme in Nutrition and Global Health are:

- (1) to increase students' awareness of the global burden of health challenges;
- (2) to offer students with a solid foundation on nutrition and health strategy; and
- (3) to prepare students from any majors to be compatible for working and serving within healthcare and wellness business.

Table 1 outlines the Programme Intended Learning Outcomes (PILOs) of the Minor Programme in Nutrition and Global Health whereas Table 2 delineates the alignment of the PILOs with the Graduate Attributes (GAs) of BNBU.

**Table 1: Programme Intended Learning Outcomes (PILOs)**

| Upon successful completion of the Minor Programme in Nutrition and Global Health, students should be able to: |                                                                                                                                  |
|---------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|
| <b>PILO 1</b>                                                                                                 | explain relevant scientific principles related to nutrition and global health;                                                   |
| <b>PILO 2</b>                                                                                                 | apply relevant scientific knowledge and skills to meet the developing needs of the global healthcare and nutrition industry; and |
| <b>PILO 3</b>                                                                                                 | solve diverse real-life challenges on health and longevity by using multidisciplinary knowledge and skills.                      |

**Table 2: Mapping of the Programme Intended Learning Outcomes (PILOs) with the Graduate Attributes (GAs)**

| PILOs                                  | Graduate Attributes |            |           |          |           |                |           | No. of Gas addressed by this PILO |
|----------------------------------------|---------------------|------------|-----------|----------|-----------|----------------|-----------|-----------------------------------|
|                                        | Citizen-ship        | Know-ledge | Learn-ing | Skills   | Creati-ty | Communi-cation | Team-work |                                   |
| PILO 1                                 |                     | X          | X         |          |           |                |           | 2                                 |
| PILO 2                                 |                     | X          |           | X        |           |                | X         | 3                                 |
| PILO 3                                 |                     |            | X         | X        | X         |                |           | 3                                 |
| <b>No. of PILOs addressing this GA</b> | <b>0</b>            | <b>2</b>   | <b>2</b>  | <b>2</b> | <b>1</b>  | <b>0</b>       | <b>1</b>  | <b>---</b>                        |

#### 1.4. *Medium of Instruction*

The medium of instruction for the Programme is English.

#### 1.5. *Target Students*

The Minor Programme in Nutrition and Global Health targets at all students expect major students from Food Science and Technology Programme.

- a) Normally only Year-1 students can apply for Minor Programme in their second semester.
- b) Repeating/suspension/transfer students in their Year 1 or 2 may be given special consideration for application.

#### 1.6. *Year of Implementation*

The Minor Programme in Nutrition and Global Health has been offered from the Academic Year of 2022-2023.

### 2. **Programme Requirements and Structure**

#### 2.1. *Programme Requirements*

Students can claim the Minor Programme in Nutrition and Global Health if they can fulfil the following criteria:

- a) Complete 15 units in accordance with the stipulated programme structure; and
- b) Attain a minimum cumulative GPA of 2.0 for all the 5 courses (i.e. 2 required courses and 3 elective courses), and at least 2 courses should be at level 3 or above.

#### 2.2. *Programme Structure*

The curriculum of the Minor Programme in Nutrition and Global Health is summarised in Table 3 shown below.

**Table 3: Curriculum Structure of the Minor Programme in Nutrition and Global Health**

| Code                                                                                         | Title                                          | Units | Level | PILO |   |   | Pre-requisite(s) |
|----------------------------------------------------------------------------------------------|------------------------------------------------|-------|-------|------|---|---|------------------|
|                                                                                              |                                                |       |       | 1    | 2 | 3 |                  |
| Required Courses – students should complete 6 units of the following course:                 |                                                |       |       |      |   |   |                  |
| GH2003                                                                                       | Principles of Global Health                    | 3     | 2     | X    | X |   | Nil              |
| FOOD3013                                                                                     | Nutrition                                      | 3     | 3     | X    | X |   | Nil              |
| Elective Courses – students should complete 9 units (any 3 courses from the following list): |                                                |       |       |      |   |   |                  |
| GH2013                                                                                       | Lifestyle in Health and Disease                | 3     | 2     |      | X | X | Nil              |
| GH2023                                                                                       | Environmental and Occupational Health Sciences | 3     | 2     | X    |   | X | Nil              |
| GH3003                                                                                       | Globalization and Health                       | 3     | 3     | X    | X |   | Nil              |
| FOOD3093                                                                                     | Community Nutrition                            | 3     | 3     |      | X | X | Nil              |

| Code     | Title                                | Units | Level | PILO |   |   | Pre-requisite(s) |
|----------|--------------------------------------|-------|-------|------|---|---|------------------|
|          |                                      |       |       | 1    | 2 | 3 |                  |
| FOOD4103 | Nutrition in Medical Therapy         | 3     | 4     | X    | X |   | FOOD3013         |
| FOOD4143 | Nutrition in Practice                | 3     | 4     | X    |   | X | FOOD3013         |
| GH4003   | Health System, Policy and Management | 3     | 4     | X    |   | X | Nil              |